### TABLE OF CONTENTS

- President's Message ........................................................................................................ Pg 3
- Call for Nominations ........................................................................................................ Pg 4-5
- Annual Meeting ................................................................................................................ Pg 6
- Career Corner ................................................................................................................ Pg 7
- 2016 Request for Information ........................................................................................ Pg 8
- Student Corner ................................................................................................................ Pg 9-10
- Building Plans to Act on Alzheimer’s .............................................................................. Pg 11-12
- MHIMA Calendar of Events ........................................................................................ Pg 13
- Volunteer ........................................................................................................................ Pg 14
- Lunch ‘n Learn ................................................................................................................. Pg 15

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*Advertisement*
It has been a busy few months for the MHIMA Board, Key Volunteers, and Regional Leaders as many meetings, educational sessions, and an Information Governance Bootcamp have been held.

In August we held our 2016-2017 Strategic Planning session and have put together a great plan to lead us into the future. Thank you to past MHIMA Presidents and Educational Leaders who provided us with great feedback and ideas to help guide our discussion. At the end of August MHIMA hosted an IG Bootcamp with AHIMA and had the highest attendance to date. Members that attended the IG Bootcamp shared positive reviews and suggested holding another IG Bootcamp in the spring.

The MHIMA Annual Committee Chairs and volunteers are busy planning the 2017 MHIMA Annual Meeting and are currently looking for speakers. Please let our Annual Meeting Committee know if you have any speaker suggestions or if you are interested in speaking.

The Coding and Data Quality Chairs have also put together a great listing of ICD-10 webinars that will be available throughout the year.

The MHIMA Delegate Directors and I just returned from the AHIMA Convention and House of Delegates in Baltimore where we had great conversations with other Component State Associations (CSAs) and the AHIMA Board.

We will be reviewing our discussions at the upcoming MHIMA Board meeting and provide a review to our members and seek feedback on key topics. The convention has inspired us and we will be thinking big to launch our future!

Best wishes to all as we near the end of the year! Please feel free to contact me at anytime with questions or concerns kmlundgren430@gmail.com

Kristi Lundgren, MS, RHIA
Call for Nominations for Board of Directors and Audit Committee

The MHIMA Nominating Committee is seeking names of individuals interested in having their names placed on the ballot for our MHIMA 2017 election. Positions open are:

- President-Elect (3-year term)
- Secretary (1-year term)
- Treasurer (2-year term)
- Delegate Directors – two members (2-year term)
- Audit Committee – 1 member (2-year term)

Nominees for President-Elect must be active MHIMA members with an AHIMA-approved credential, have been a MHIMA board member within the last five years, a MHIMA committee chair within the last three years, or active in an AHIMA volunteer role within the last three years. This is a significant leadership position, expected to provide 80+ volunteer hours per year. Serves as a MHIMA delegate to the AHIMA House of Delegates (HOD). Attends AHIMA’s leadership and team talks events. As President, has responsibilities on a weekly basis, including chairing the bi-monthly MHIMA Board meetings, leading the annual MHIMA strategy planning meeting, presiding at the MHIMA annual business meeting, as is the chief delegate to the AHIMA HOD. Some travel is required, both in-state and to AHIMA events. As Past-President, chairs the MHIMA Nominating Committee and serves as the KFA for Advocacy and Collaboration.

Treasurer nominees must be active MHIMA members with an AHIMA-approved credential. This position is expected to provide 40-80 volunteer hours over a two-year term. The Treasurer attends all Board, planning and annual business meetings, attends and chairs Finance Committee meetings, attends annual budget meetings, and reviews periodic financial reports presented to the Board. The Treasurer presents the annual Treasurer’s Report to the membership at the Annual Meeting. The Treasurer receives monthly bank statements, confirms reconciliation of money market account with Executive Director, confirms all required tax returns are completed and filed as required. Some travel may be required in-state to Board and planning meetings.

Secretary nominees must be active MHIMA members with an AHIMA-approved credential. This position is expected to provide 15-40 volunteer hours per year. The Secretary attends all Board, planning and annual business meetings, takes minutes, and participates in all Board decision making. Some travel may be required in-state to Board and planning meetings.

Delegate Director nominees must be active MHIMA members with an AHIMA-approved credential, have been a MHIMA committee chair, held another elected office, or have been a regional officer within the last three years.

The election occurs in March and the elected positions take office on July 1, 2016. If you are interested, or want to recommend someone for consideration, please contact Laura Blabac at lebMHIMA06@gmail.com no later than January 27, 2017.
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Audit Committee nominees must be active MHIMA members with an AHIMA-approved credential. These positions are expected to provide 3-15 volunteer hours per year. The Audit Committee works with the MHIMA Board to determine the frequency of external vs. internal auditing of MHIMA’s financial records. For external audits, acts as liaison with MHIMA’s accounting firm, facilitating the external audit process. For internal audits, performs the independent audit process following the MHIMA Policy & Procedure guidelines (reviewing the financial records, bank statements, and supporting documentation for the reporting period). Minimal travel may be required.

The election occurs in March and the elected positions take office on July 1, 2016. If you are interested, or want to recommend someone for consideration, please contact Laura Blabac at lebMHIMA06@gmail.com no later than January 27, 2017.

2017 MHIMA Achievement Awards

This year, MHIMA will be expanding our recognition program and adding new categories for your consideration and nomination. The MHIMA Nominating Committee, chaired by Laura Blabac, Past President, will be seeking your recommendations for individuals deserving of being recognized. Details regarding the achievement award categories and their eligibility will be sent later this fall in preparation for early spring submissions.

Nomination is a way to recognize excellence within our professional association; be sure to look for future e-blasts and further detail in the first quarter 2017 MHIMA Connection.
Save the Date for the Annual Meeting!
April 26-28, 2017
Mystic Lake Casino Hotel
Prior Lake, MN

Join us as “All the World’s a Stage - Setting the Stage for New Developments in HIM” at the MHIMA Annual Meeting at Mystic Lake Casino Hotel Prior Lake, MN. The event will take place from Wednesday, April 26th-Friday, April 28th.

MHIMA is inviting individuals or companies to submit presentation proposals for speaking consideration. Visit the MHIMA Website (Conferences and Events > Annual Meeting > Call for Speakers) to complete the Call for Speakers form if you are interested in presenting. You can also email Diane Wolfe (diane.wolfe@allina.com) or Joy Schmitt (joy.schmitt@nuance.com) if you have ideas of presenters or topics that you would like to see at the Annual Meeting.
Shine on that First Day at Work by Carolyn Gaarder

You are hired!!! Wonderful news! Now you want to make a good impression and start your new job on a high note.

Here are a few tips to help to sparkle.

1. Do not be late! Needless to say, this is an understatement. Consider making a “dry run” a day or two before your start date. Scout the best route and parking places. Always allow some “cushion time”. Double check the time you are to arrive and where you should report.

   It is always a good idea to arrive every day a few minutes early. This will give you time to hang up your coat and greet your co-workers with a cheery good morning. Nothing is viewed as more unprofessionally than always sliding in at the last second. It will make you look like your job is not your top priority and that could be a deadly sin.

   Sooner or later, you probably will be caught with a real unpredictable delay, such as a flat tire. If it does, always contact your supervisor or someone at work and let them know that you will be delayed. It is important to do this as soon as you can. Cell phones can make this possible from any locale.

2. Dress appropriately. During the interview and hiring process, take careful note of the current “office attire”. While you do not want to over-dress, stylish, attractive, well-fitting and spotless clothes are always in style. Take special care of your personal appearance on the day as a first impression often sticks. Strong fragrants are out. You do not want to be remembered for your heavy cologne, perfume, or aftershave. Find out beforehand the company’s policy on body jewelry and tattoos.

3. Listen to what you are being told and it is also a good idea to carry a small notebook to jot down things. No one expects you to remember everything the first day but taking notes is a sign of an organized person. Remember, now is the perfect time to ask questions.

4. Introduce yourself to everyone and show that you can communicate professionally. Both a smile and a firm handshake are shows of confidence. The first day on any new job is scary but don’t let nervousness hinder your show of enthusiasm. This is no time to be shy. You want it to be obviously that you are happy to be here. Remember, smile and the world smiles with you.

Good luck. You will be off to a good start.
Federal law (the Health Insurance Portability and Accountability Act of 1996 (“HIPAA”) allows health records to be shared - only the minimum necessary to accomplish the intended purpose of the use - without written permission (consent/authorization) for treatment, payment, and health care operations (which include administrative activities, customer service, personnel evaluation, and business planning and development). Federal law also allows health records to be used or shared without written permission from a patient for a variety other reasons, including sharing information to assist law enforcement in locating a criminal fugitive.

Minnesota law (the Minnesota Health Records Act MHRA), requires written permission (consent/authorization) to share your health records for treatment, payment, and healthcare operations, with a few exceptions.

For example, under HIPAA, your primary healthcare provider could share your health records with a specialist outside your healthcare network for treatment purposes without your written permission. Under Minnesota law, you would need to give written permission for the same type of sharing.

Federal and State Law Interplay:

Minnesota is nearly unique among states in requiring patient consent to disclose any type of health information to other providers, including for treatment purposes. Most states have instead modeled consent requirements after HIPAA. Therefore, national or multi-state EHR technology and health information exchange (HIE) structures and systems are typically designed to meet only HIPAA requirements. Because Minnesota law is more stringent and requires patient consent to release health information in circumstances that HIPAA does not, health care organizations must customize standard technological systems (for example, EHRs), administrative procedures, and patient care workflows to accommodate Minnesota consent requirements before they can release information even for treatment purposes. (Minnesota Health Records Access Study Report to the Minnesota Legislature, 2013). In addition, patients and patient representatives often devote time to navigating the consent requirements when seeking treatment and care coordination.

Legislative Request for RFI

In the spring of 2016, the Minnesota legislature directed the Minnesota Department of Health (MDH), in consultation with the Minnesota e-Health Advisory Committee, to seek public input on the patient impact and the costs associated with the consent requirements under the Minnesota Health Records Act (Minn. Stat., section 144.293, subdivision 2), noting the MHRA requirements differ from the federal HIPAA requirements.

Although the 2016 RFI does not require the state to make any changes in legislation, results of this RFI are expected to be published in February 2017. Make sure to refer back to the legislative page at www.mnhima.org/HIM Trends and Topics/Legislative Page for more information.

Reference:
Minnesota Department of Health. (2016, Sep 16). Request for Information on impact and costs associated with consent requirements under the Minnesota Health Records Act. MN.
2017 MHIMA Scholarship Program

MHIMA is pleased to once again remind our eligible students of our 2017 MHIMA Scholarship. This scholarship is based on merit and not on financial need.

Eligibility to apply (ALL of the following requirements MUST be met)

• Minnesota resident
• AHIMA member with Minnesota designated as your state
• Enrolled in an in-state or out-of-state HIM program
  o Applicants must have completed 50% of one of the following
    ▪ Accredited health information technology or health information management program
    ▪ Graduate program related to HIM in a college or university accredited by a nationally recognized accrediting agency
    ▪ Coding certificate program
• Cumulative GPA of 3.0 (out of 4.0)

The application process includes:

• Complete and submit the MHIMA Scholarship application document
• Submit a letter of recommendation from a faculty advisor, faculty member or mentor
• Submit verification from your Program Director that you are in your last year and are expected to graduate
• Submit a written essay of between 300-700 words under the title: “How I Will Use This Degree to Advance the HIM Profession”
• Submit an official school grade transcript that indicates your cumulative GPA
• Link to all scholarship application documents on MHIMA Scholarship website page

Program Directors from all of our Minnesota HIT/HIM programs have received information about our Scholarship program as well.

The exact amounts of the scholarship awards depends on yearly contributions to our MHIMA Scholarship Fund; however, past awards have been between $500 and $1500.

Scholarship winners will be announced in April 2017, and the scholarships will be recognized...
The 2017 Scholarship Application is Now Open!

The application and guidelines are now available for the 2017 MHIMA scholarship. Students can download the application on the MHIMA website under Education › Scholarships. The application must be turned in no later than February 28, 2017. If you have any questions, contact the Executive Director at 218-340-1968.
Health care organizations are planning how to advance care and support for people with dementia and their caregivers. More than 135 health care leaders from across Minnesota at the ACT on Alzheimer’s Health Care Leadership Summit on September 29, participated in a working session to explore creative solutions for improving dementia detection and care in our organizations and influencing the national discussion around this disease.

People with dementia and their caregivers at the summit asked that Alzheimer’s have similar care standards for diagnosis and follow-up as other chronic diseases and conditions, like heart disease, cancer and pregnancy. Research shows that delayed diagnosis and failing to connect people to supports often results in preventable crises.

The summit’s call to action was clear: We need early detection and a team approach using care coordination to avoid more preventable crises and improve quality of life and care for people living with dementia.

“Early detection and diagnosis are important in making the cognitive and emotional transition from wide-ranging, independent self-directed activities to collaborative shared activities,” said Marv Lofquist, PhD, a person with dementia, diagnosed early and living well to his full capacity, for over four years with the support of his wife.

Dementia is personal. We’ve all been affected professionally or personally by dementia—every 66 seconds someone develops Alzheimer’s. The risk is highest for older African Americans, Latinos and women.

“We know how to do this, and we have the tools,” said Penny Wheeler, CEO of Allina Health. “We just need to ACT. The time is now.”

We all need to be part of the solution to reframe the challenge of dementia and focus on value-based care. We want to improve personal outcomes and experience, and reduce unnecessary utilization. Summit attendees committed to implementing new action steps after the event, including:

- Establish standardized protocols for identification, diagnosis and care coordination
- Implement use of the MiniCog screen for cognitive impairment in Medicare annual wellness visits, during clinic rooming process and in all hospice and home health admissions
Building Plans to Act on Alzheimer’s

- Embed dementia algorithm in electronic health record
- Develop a clinical pathway similar to other chronic diseases for home health patients
- Form a care team and navigator to support people with dementia
- Pilot a dementia chronic care management program
- Incorporate dementia awareness into grand rounds
- Identify a physician champion
- Explore how dementia is incorporated into risk models

Shari Ling, MD, deputy chief medical officer, Centers for Medicare & Medicare Services (CMS) medical officer, Center for Clinical Standards and Quality, outlined the national perspective at the summit, conveying the role dementia plays in value-based care. She reviewed the current billing codes applicable to Alzheimer’s detection, diagnosis and post-diagnostic care, as well as potential reimbursement opportunities through the proposed changes to the 2017 Medicare Physician Fee Schedule.

Minnesota can do better with our care delivery and supports. Ask how you can get involved in changing the future of dementia by contacting Michelle Barclay, ACT on Alzheimer’s, at mpbarclay@barclaygp.com or 612-408-2910.

ACT on Alzheimer’s is a statewide, multidimensional collaboration seeking large-scale social change and building community capacity to transform Minnesota’s response to Alzheimer’s disease. A signature goal is to help health care providers and systems become dementia capable. Tools and resources for health care providers and systems are available at www.ACTonALZ.org/provider-resources.
Upcoming Events 2016

2017 Regulatory Update Coding Webinar - ICD-10-PCS
Wednesday November 9th 12:00 -1:00 p.m.

Region G Fall Meeting
Friday November 11, 2016 8:30 a.m. - 3:00 p.m.
Minneapolis, MN

Region B Fall Meeting
Thursday November 17th 8:00 a.m. - 3:00 p.m.
Duluth, MN

Coding Roundtable
Wednesday December 7th 2:00 - 1:00 p.m.
Online

Be sure to visit our website for more information, including registration instructions!

Follow us on Facebook and Twitter!
Follow us on Facebook (MN Health Information Management) and Twitter (@MNHIMA) to receive information and keep up with current events!
Why I Chose to Volunteer
by Angie Klein

As a relatively new student in the field of Health Information Management, there are many reasons why I chose to volunteer with MHIMA as a student representative to the Board of Directors. I am in my second year at St. Catherine University in the Health Information Specialist program, and with each new class I take, I become more and more aware of how broad the field of HIM is.

This past spring, we had a panel of HIM professionals take the time to speak to us about their backgrounds, what led them to HIM, and the direction and progression of their career paths, all of which were quite diverse.

As a student, I value the emphasis that MHIMA places on mentorship, professional development, life-long learning, and advancing the profession, which seems to be ever-evolving.

I see volunteering as an opportunity to work first hand with professionals who are shaping the future of HIM and to learn more about their experiences, which will hopefully inform my own as I carve out my path in this new career.

I look forward to attending board meetings, assisting with the annual meeting, and contributing a student perspective whenever I can. If students have questions, comments or ideas please contact me at amklein@stkate.edu.

Volunteer with MHIMA!

MHIMA continually seeks members to fill volunteer roles. Member involvement in volunteer roles is critical in building a strong association that provides optimal educational, networking, resources and leadership opportunities for its members. For MHIMA to continue having the ability to provide outreach to our valued members and expertise in subject areas within the field of health information management, we rely on our valued members (you) who make this happen for our association. Without you, MHIMA would not be the premier association of health information management professionals in Minnesota.

Whether you are a new MHIMA volunteer or a “seasoned” volunteer, let us know how you would like to participate by submitting the Volunteer Form on our website (mnhima.org > Member > Volunteer Here).

We look forward to hearing from you!
Thank you for your article submissions!

We would like to give our great appreciation for everyone who helped with this newsletter. Special thanks to those who submitted content.

Do you have an article you would like to submit for the next newsletter or have a topic you would like to see featured? Please email us at marketing-communications@mnhima.org!

Registration Open for Spinal Procedures - Part 1 - Webinar - December 14 - 12 noon

MHIMA is pleased to announce the Spinal Procedures - Part 1 webinar to be held December 14, 2016 at 12 noon.

MHIMA has partnered with iMedX to provide a series of monthly Lunch 'n Learn Webinars related to ICD-10 coding.

Please visit the MHIMA website at www.mnhima.org for upcoming dates, topics, and to register for the December 14th Webinar.

Participants should have access to an encoder or ICD-10-PCS coding books for this webinar.

We hope you can join us. These webinars qualify for one (1) AHIMA CEU each.