



MHIMA Uplink

February 2012

Welcome!



Welcome to the **February 2012** issue of our MHIMA member and corporate partner e-newsletter, *Uplink*. We hope you enjoy our new "look."

Feeling creative? Looking for some CEUs? We are always looking for authors of articles of broad interest to our MHIMA membership: about 500 words, worth **two (2)** CE credits for your original work. There are lots of "hot topics" in today's world of healthcare, Privacy & Security, e-HIM, ICD-10, etc. If you're interested in authoring an article, please contact MHIMA's [Executive Director](#).

Current and past issues of our e-newsletter are available under the [UPLINK E-NEWSLETTERS button](#) on our MHIMA website.

President's Message



Gina Sanvik, RHIA,
MHIMA President
AHIMA Certified
ICD-10 Trainer

Much like our winter, which is currently not too eventful (no big snowstorms or sub-Arctic cold), well so is the current status of our MHIMA. February brings the anticipation of Pennsylvania's Punxsutawney Phil emerging from his lair to "see" his shadow. That same anticipation is upon us, awaiting our MHIMA and AHIMA events – seeing the new regulatory changes for the year, attending our profession's Capital Hill Day and Winter team talks in Washington, DC. Along with attending MHIMA webcasts, voting for MHIMA open positions and the annual MHIMA meeting, which is just around the corner. Although this may seem like the quieter time of our year, like the NY Giants winning Superbowl XLVI this past Sunday, it is our time to push ourselves in the goals and resolutions that we set for ourselves. Together we achieve more. Please make sure you continue to push yourself and hence make our MHIMA team the very best.

MHIMA is offering Lunch and Learns in the following areas:

- February 22 Stage 2 and 3 Meaningful Use Preparation: HCMC's Story presented by Katie Miller and Meghan Judd.
- February 29 for an in-depth look at ICD-10 CM Chapter 10: Diseases of the Respiratory System. Our presenter is Katrina Marthaler, RHIA, Certified ICD-10 Trainer.

MHIMA Vision & Mission



Vision: The Minnesota Health Information Management Association, together with AHIMA, will set the standard and be the recognized leader in health information management practices, technology, education, research, and advocacy.

Mission: MHIMA is committed to the professional development of its members through education, networking, and life-long learning. These commitments promote high quality health information and benefit the public, health care providers, and other clinical data users.

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2012 MHIMA Annual Meeting



"Mapping the Future of HIM"
April 25-27, 2012

- March 15 for an in-depth look at ICD-10-CM Chapter 11: Diseases of the Digestive System. Our presenter is Katrina Marthaler, RHIA, Certified ICD-10 Trainer.
- March 28 is our last ICD-10-CM webinar for this Spring: Chapter 9 - Diseases of the Circulatory System. Our presenter is Katrina Marthaler, RHIA, Certified ICD-10 Trainer.

The past webinar presentations are also available for purchase to utilize for education/training. You receive 1 CEU for each of the webinars. Please contact our [Executive Director](#) if you would like to purchase one of these webinars. You can also order them directly from our website, under the [HIM Education/Online Learning](#) page.

In the next several weeks, you will be presented with a ballot of nominated candidates for elected positions to the MHIMA Board of Directors. Positions for President-Elect, Secretary, Delegate Directors and Audit Committee are on the ballot this year. Our annual meeting is rapidly approaching and your presence, and input, is tremendously important. So make every effort to attend our MHIMA annual meeting "Mapping the Future of HIM" on April 25-27th at the DoubleTree by Hilton Hotel Bloomington. The annual meeting committee has once again put together an enhancing, fantastic and educational program. Please see the MHIMA website for on-line (or downloadable) registration. I hope to see you there!

These are some of the numerous events occurring in the next couple months so make sure to check the MHIMA website for more details. Enjoy the warm weather we're having and Happy Valentine's Day to everyone!

Gina

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MHIMA's Lunch & Learn Webinars



MHIMA's Lunch & Learn Webinars continue. You can find the complete schedule of events and registration information by clicking [here](#).

Katie Miller and Meghan Judd from Hennepin County Medical Center will present the second in a two-part series on Meaningful use: **"Stage 2 and 3**

Meaningful Use Preparation: HCMC's Story" on February 22nd. Registration closes on February 19th.

Bloomington, MN

Have you registered for the 2012 MHIMA Annual Meeting? The speaker line-up includes many great local and national speakers such as Mary Brainerd from HealthPartners, Jeanne Sexson, Dr. Mitch Kusy, Dr. James Kennedy, Michelle Dougherty, AHIMA's new CEO Lynne Thomas Gordon, Anne Tegen and more.

The meeting will be held at the DoubleTree by Hilton Hotel in Bloomington, MN.

Click [here](#) to view the current Program Agenda.

You can book your room online now through April 7, 2012 with MHIMA's [room reservation](#) block.

Online attendee registration is open. Click [here](#) to register securely online. Early registration closes on 4/7/12.

Visit our 2012 Annual Meeting [web page](#) for more details.

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ICD-10

Coding Tip of the Month:

Remember to use placeholders when using ICD-10 CM codes, when applicable.



Our ICD-10 Trainer, Katrina Marthaler, has three more ICD-10 CM webinars scheduled in February and March. The next webcast will be on February 29th: **An In-Depth Look at Diseases of the Respiratory System**. Registration for that webinar closes on February 27th.

You can also sign up on our website for the remaining ICD-10 CM webinars. Remember, all health care facilities will use ICD-10 CM for diagnostic coding, as of October 1, 2013.

Our webinars presented this year, and those from the past year, have been recorded and a DVD is available for purchase if you could not attend the live event. Visit the MHIMA website and click on the [Education button/Online Learning](#) for complete details on signing up for live webcasts or ordering recorded webinars.

Archived versions are available for \$49 for members, or a package of three for \$129. If you're looking for basic information to acquaint you with ICD-10 and its impact on our coding environment, consider our archived webcasts. All of the ICD-10 webinars qualify for the required ICD-10 CEUs for AHIMA credential holders.

The MHIMA webinar series is an opportunity to pick up needed information as well as earn CEUs at a very reasonable rate, and our presentations reach our members all across the state. We hope you take advantage of our webcasts!

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2012 MHIMA Distinguished Member

The MHIMA Nominating Committee is seeking your recommendation for an individual deserving of being recognized as MHIMA's 2012 Distinguished Member. This is a way to recognize excellence within our professional association. The 2012 Distinguished Member will be celebrated on April 26, 2012 at our Annual Meeting at the DoubleTree by Hilton Hotel Bloomington.

Submit names of nominees by completing the [Candidate Profile for Distinguished Member](#) by February 17, 2012, and email to [Sue Jensen](#), chair of the 2012 Nominating Committee.

To view the distinguished member criteria, including a list of previous MHIMA Distinguished Members, click [here](#).

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Planning Tip of the Month:

To stay informed about the latest Version 5010 and ICD-10 happenings, CMS is offering email updates. [Click here](#) if you are interested in signing up to receive them. Subscriber preferences allow for daily or weekly updates.

AHIMA ICD-10 Academy is Coming to MN!

MHIMA is pleased to announce that Minnesota has been chosen as a site for a 2012 AHIMA Academy for ICD-10 CM/PCS. The date has been set for August 8-10, 2012. The hotel location is the Crowne Plaza Minneapolis Northstar.

The AHIMA ICD-10 Academies are very popular events for training in ICD-10 CM/PCS and tend to fill up fast. Registration is now open. Click [here](#) for more information.

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Staying Connected with MHIMA

Want to stay connected with MHIMA? Be sure your AHIMA profile information is up-to-date.

When is the last time you reviewed the information in your AHIMA profile? Have you changed positions? Do you

Health Literacy 101 – An Overview

by Danika Brinda, MA, RHIA, CHPS

Health Literacy is a term that is thrown around in the medical field, but many people are unable to define or understand its true definition. Defined by the U.S. Department of Health and Human Services, health literacy is “the ability to obtain, process, and understand basic health information and services needed to make appropriate healthcare decisions.” When analyzing this definition, it is easy to make the assumption that most people have the knowledge and skill to understand healthcare; however, in a recent analysis of health literacy in the United States, nine out of 10 adults have difficulty using and processing the health information they received through health care facilities, the Internet, the media, as well as friends and family. The U.S. Department of Health and Human Resources considers the low health literacy rate a major public health issue. Low health literacy rates impact the search and use of health information, the ability to adopt and live a healthy lifestyle, and the knowledge to act on important public health alerts. The financial impact to the U.S. healthcare system due to low health literacy is an estimated \$106 - \$236 billion dollars annually. Now is the time for health care professionals to come together and work on a plan to increase the literacy of the American public!

Knowing the challenges and impacts that low health literacy rates have on personal health and healthcare use, in 2010 the U.S. Department of Health and Human Resources published the “National Action Plan to Improve Health Literacy.” The focus of the program is to transform healthcare by providing everyone with access to accurate and complete health information, providing specific person health centric health information, and supporting an on-going and lifelong ability to gain skills to promote a healthy life. Check out the entire “National Action Plan to Improve Health Literacy” by clicking [here!](#)

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MHIMA 2012 Scholarship Program

MHIMA is pleased to announce the opportunity for eligible students to apply for our 2012 MHIMA Scholarship Program. This scholarship is based on merit and not on financial need.

Who is eligible to apply for a scholarship? A MN resident, or an AHIMA member with MN designated as their state, who is enrolled in either an in-state or out-of-state HIM/HIT program. Applicants must have completed 50% of one of the following



have a new email address?
Have you recently moved?
MHIMA depends on the member information in your AHIMA profile on a regular basis, including how we communicate with you.

Take a couple of minutes today and visit the [AHIMA website](#), log in with your seven-digit AHIMA member number and your last name, and click on "My Profile/Dues Renewal." Review all of the sections and update any old information.

In the section for **Component State Association (CSA) Selections**, may we ask that you check "YES" to select e-mails about products and services and "yes" to Postal Mailings. "CSA" stands for the state that you want to be associated with as an AHIMA member. MHIMA uses email as our primary method of communication, and occasionally land mail. If you check "no" in either of these options, you don't receive either type of communication from MHIMA.

Remind your colleagues to update their profile as well. It's the new year! A great time to review your information and stay connected with MHIMA. Thank you!

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2012 MHIMA Silent Auction

programs:

- Accredited HIT or HIM program
- Graduate or doctoral level program related to HIM in a college or university accredited by a nationally recognized accrediting agency
- Coding certificate program
- AHIMA coding basics interactive campus program

In addition, applicants must have a cumulative GPA of 3.0 (out of 4.0) and must be a member of AHIMA. Scholarship applications will be judged on the following:

- Scholastic ability
- Professionalism
- Work experience
- Leadership experience
- Potential contribution to the HIM profession

Eligible students can find links to all of the scholarship information and application documents from our website [2012 Scholarship Application Page](#)

All application materials must be received on or before February 28, 2012. No applications will be considered after this date.

Winners will be announced in April 2012 and the scholarships awardees will be recognized at our MHIMA Annual Meeting on April 26, 2012 at the DoubleTree by Hilton Hotel Bloomington. Winning essays will be published in the June issue of our e-newsletter, *Uplink*.

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February's MHIMA Member "Spotlight"

February's MHIMA member "in the spotlight" is Jean MacDonell, RHIA, from Grand Itasca Clinic & Hospital in Grand Rapids. There, Jean is the Director of HIM and Patient Access, Privacy Officer, and Excellian Project Lead. When asked what her job entails, here's what Jean told us. "I oversee the operations of the Health Information Department (file room, transcription, coding) and Patient



It's that time of year! MHIMA's annual

meeting committee is seeking your support once again for our MHIMA Student Merit Scholarship Program through your gifts to our "not-so-Silent-Auction." Auction items can include anything you feel our meeting attendees would be interested in bidding on and taking home to the highest bidder. Artwork, jewelry, gift baskets, electronics, gift certificates, craft items, and much more! Gifts can be contributed from individuals, from a group of colleagues, and from our vendor exhibitors. All proceeds benefit our MHIMA Student Merit Scholarship Fund.

Again this year, the Silent Auction will be open right after lunch on Wednesday through 6 pm on Thursday. More time to browse, more time to bid! Quoting a past MHIMA President, "Remember, this is a fundraiser, so bid with enthusiasm!"

Now is a great time to begin thinking about what you'd like to gift to our Silent Auction. Let us know about your gift by contacting MHIMA's Executive Director. Bring your gift to



Access (call center, switchboard, clinic check in, ER/Admitting, etc) areas. I am also currently responsible for Utilization Review, and HIPAA Privacy for the clinic and hospital. Our facility is currently in the process of implementing EPIC so we are very busy with all of the planning and pre-work that goes along with that!"

Jean graduated from the College of St. Scholastica with a degree in Health Information Management in 1998 and is currently enrolled in the University of St. Thomas's eMBA program, and will graduate from there in the spring of 2013.

She worked in California in HIM for eight years at Stanford University Medical Center before moving back to Minnesota in 2005. In 2005, she started at Grand Itasca and worked in HIM for three years. From 2008-2010, she worked in Minneapolis at Allina as the Director of HIM Operations, and moved back up to Grand Rapids to Grand Itasca into her current role in 2010.



Jean MacDonell, RHIA

Jean says she especially likes working with people and building relationships. The EPIC project they are working on has given her the opportunity to branch out into some new areas, and she has been enjoying the challenge!

When asked why she is interested in MHIMA, Jean commented: "MHIMA is an amazing network of HIM professionals working together to move our field forward and ensure we are keeping up with the always changing environment. I find the continuing education opportunities beneficial, and feel fortunate to have a connection to a group with such an expansive knowledge base." (Editor's note: Jean is a former MHIMA Treasurer and is currently one of our Delegate Directors.)

Outside of the work environment, Jean enjoys the lakes, and being outdoors (mostly in the summer!). She likes to travel and attend concerts whenever she can. She also enjoys reading, although with her current class load, she says she rarely has time to read books for fun anymore. She loves living in northern Minnesota, but also makes sure to get down to Minneapolis once in a while for shopping, class, and a better selection of restaurants.

MHIMA is proud to have you as one of us, Jean!

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MHIMA Members Receive AHIMA Foundation Scholarships

the Annual Meeting
Registration Desk no later
than Thursday morning, April
26th.

Let's make this year's auction
proceeds the largest ever!

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MHIMA Job Bank

Are you seeking a job? Are you
an employer looking for a
potential employee? Is your
facility looking for someone with
a skill set of MHIMA members?

Be sure to check out the MHIMA
Job Bank Network on our
website, which continues to be
very popular. New positions are
posted on a regular basis. On
the Job Bank page, you'll find
information about registering as
a "job seeker" or as an
"employer." Check us out
often!

Job Seekers: There is no fee
to register.

Employers: Job posting fees
are very reasonable and
position postings are open to
everyone visiting our Job Bank
as a job seeker. E-blasts of job
announcements are available for
purchase and reach a targeted
audience of MHIMA members
who receive emails.

Click [here](#) to visit the MHIMA
Job Bank.

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The AHIMA Foundation recently announced the winners of several of
their Foundation scholarships. Included in the awardees were the
following MHIMA members:



Undergraduate Scholarship Winners:

AHIMA Foundation Diversity Scholarship: LaCoya Jones - Midlands Technical College

Rose T. Dunn Honorary Scholarship: Carol Lamoureux - Rochester Community & Technical College

Graduate Scholarship Winners:

AHIMA Diversity Scholarship - Elizabeth Durand - The College of St. Scholastica

Rose T. Dunn Honorary Scholarship: Margaret Blechinger, RHIA - The College of St. Scholastica

PhD Scholarship Winner:

Rita M. Finnegan Memorial Scholarship: Ryan Sandefer, CPHIT - University of Minnesota

MHIMA congratulates all of these scholars and wishes them the very best in their educational
pursuits.

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MHIMA 2011 Legal Reference Manual

Do you have legal HIM questions? Do you wish there was a convenient reference you could have on
your desk to answer many of them? The 2011 MN Legal Reference Manual on CD is ready to help
you and is available for purchase!

The manual is a great resource for everyone in the field of HIM, regardless of your work setting. It
pertains to all areas of HIM. Various chapters include topics such as health care records, record
retention and storage, reporting requirements, legal proceedings and requests, disclosure of health
information and patient access, consents, behavioral health records, long term care records, home
care and hospice records, ambulatory care records, risk management, HIPAA, research, and medical
identity theft. Feel confident in your research and decision making using MHIMA's MN Legal
Reference Manual.

The co-chairs of our MN Legal Reference Manual committee are Andrea Heikkinen, RHIA, and Susan
Schanno-Foss, RHIT. Email questions pertaining to the Manual or suggestions for improvements in
the next edition (coming in 2013) to both [Andrea](#) and [Susan](#).

MHIMA Member Spotlight

Greetings from the Marketing and Communications Committee!

Starting this month, we begin highlighting some of our MHIMA members as a fun and interesting way to get to know our diverse and multi-talented group. Want to be in the spotlight? Know someone who should be? Please send names of individuals you would like to know more about, or volunteer yourself to "be in the spotlight" in our monthly e-newsletter.



Criteria for suggested individuals might be, but is certainly not limited to:

New MHIMA member
New to active involvement with MHIMA
MHIMA member with an interesting or unique job

Forward your suggested name(s) to [Jon Cloutier](#) or [Amanda Maas](#).

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Stay Up-to-Date with MN e-Health

If you aren't receiving the weekly electronic MN e-Health Update newsletter, consider

Attention Students: MHIMA supports students of HIM and offers a special discounted rate for AHIMA students who want to purchase the legal reference manual.

MN Legal Reference Manual pricing:

\$150 MHIMA/AHIMA members (from sales tax-exempt organizations)

\$200 non-members (from sales tax-exempt organizations)

\$90 student members of AHIMA with MN as their designated state and enrolled in a tax-exempt educational program

Individuals ordering from organizations who are not MN sales tax-exempt will be charged MN sales tax in addition to the prices listed above. Tax-exempt organizations must have a copy of their MN sales tax exemption form on file in the MHIMA Executive Director office.

For more information and to order, click [here](#).

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MHIMA Coding Roundtable Tool Kits

The MHIMA Coding Roundtable Committee has developed a number of "tool kits" for use by MHIMA members to support coding education and discussion in your facilities and at your regional meetings. All are available on the [Coding & Data Quality](#) button on our website.

If there is a tool kit topic that you'd like to see developed, please let [Vicki Chelf](#) or [Patti Collins Smith](#) know. They are the 2011-2012 Coding Roundtable Chairs for MHIMA.

If you have general coding questions, you are encouraged to use AHIMA's Coding CoPs to post those questions. There's a general coding CoP community for coders as well as several for specific coding areas. These CoPs are a great resource for submitting coding questions and participating in the discussion threads surrounding the questions of others. To participate in these CoPs, click [here](#).

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signing up for it. This publication, from the MN Department of Health, keeps you current with issues related to e-health, including HITECH, Meaningful Use, Privacy & Security and others. You'll also find links to e-Health resources available for your use. To subscribe, click [here](#).

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MHIMA Promotional Items

It's that time of year to show your MHIMA cheer and keep warm in the process. We have discounted the prices on our MHIMA logo navy crewneck sweatshirt and our navy button down shirt. Visit our [MHIMA Store](#) on our website to order. Our MHIMA logo items make a great gift for yourself or a colleague, or to honor someone's achievement.

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Unsubscribe



Communication Preferences

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